

Pennine GP Learning Group

Minutes of meeting

Date: 8th June 2016

Time: 10.30-11.30 am

Members present: Dr Rukhsana Hussain and Dr Oore Shonubi-Sadiku

1. Brief catch up and discussion of another complaint letter. Seemed unjustified and thorough record keeping was a saving grace again on this occasion.

2. Dr Hussain presented the topic "Cow's Milk Protein Allergy in Children" based on the NICE CKS summary of the topic. We covered the different types of CMPA - IgE mediated and non-IgE mediated and how we could differentiate the two types. We also discussed practicalities of the consultation and learnt about resources which we could direct parents of children who have CMPA to. The list of brands of hypoallergenic formulas should make it easier to prescribe brands without the need to check the BNF on every occasion. (something Dr Hussain admits to having done due to unfamiliarity with prescribing hypoallergenic formulas!)

We discussed how non IgE mediated CMPA has a better prognosis than IgE mediated and that it would be useful to inform parents at diagnosis that their child would be expected to be tolerant of milk as they grow older. This would instil hope in them. We learnt about the "Milk Ladder" which is used to reintroduce milk products into the diet of those with CMPA.

Actions to be taken

1. Review the presentation and resources available regarding CMPA.

Next meeting: Date, venue and topic TBC