

Pennine GP Learning Group

Minutes of meeting

Date: 19th October 2016

Time: 7.45-9.45pm

Topic: Thinking errors in medical practice, Review of learning points from recent medical update course

Members present: Dr Rukhsana Hussain and Dr Ainie Chaudhry

Apologies: Several members sent their apologies for cancellation at short notice due to unforeseen circumstances. Other members had already advised that they were unable to attend on this occasion but wanted to be kept informed of future meetings.

1. Dr Hussain presented a summary of "**Thinking errors in medical practice**". We discussed how they can affect our ability to make a diagnosis and that being aware of them could help avoid pitfalls associated with them. We discussed some cases and identified the relevant thinking errors. We learned that "anchoring bias" is one of the most common thinking errors in medical practice.

2. Dr Hussain had recently attended a full day medical update course and discussed some learning points with Dr Chaudhry.

Learning points included ensuring clotting screens are always done at the hospital as the sample needs to be at the lab within 4 hours otherwise the PT will always be prolonged. Dr Chaudhry suggested that perhaps the lab should have this as a note on the screen for requesters to be aware of. We may feedback to the Calderdale LMC and initiate a change on a wider level.

We also learned that even if the PT is slightly deranged it should never be ignored as it could be relevant especially with a significant bleeding history.

Some of the other learning points included the fact the using 10mcg vaginal HRT pessaries/cream every day for a year is equivalent to taking 1 oral tablet and therefore very low risk. We covered brief learning points about management of urinary incontinence, milk allergies in children and top tips in dermatology.

We concluded the session with a brief catch up regarding work/life situations and decided not to make a decision regarding the next meeting as yet.

Action Plan

1. Dr Hussain will upload the presentation on to the website.
2. Dr Hussain to email minutes and learning points to Dr Chaudhry.
3. Dr Hussain to book a room for the next meeting in November.